

WOODLANDS BREAKFAST MENU

Please ask us for any allergen advice you may require

TOP TABLE Please help yourself to cereal, yoghurt and fresh fruit salad and juices.

HOT DRINKS

Pot of English Breakfast Tea or fruit or herbal tea. Decaf. available on request.

Cafetiere of medium roast coffee. Decaf available on request.

Porridge with blueberries , granary and white toast ... all available on request

Traditional English Breakfast all or any combination of the following:-

Local free range Sausage, 2 free range Bacon rashers, black pudding, tomatoes, mushrooms, sauté potatoes, fried egg, baked beans.

Vegetarian English Breakfast..... all or a combination of the following:-

Vegetarian sausage, dry-fried Halloumi, tomatoes, mushrooms, saute potatoes, spinach, fried egg, baked beans

SOMETHING EGGY

Two poached eggs on a bed of wilted organic spinach.

Scrambled Eggs on granary or white toast.

Two boiled eggs with asparagus soldiers.

Three-egg omelette , either plain, cheese or mushroom.

Eggs Benedict - poached eggs and crispy Parma ham on toasted English muffin with Hollandaise sauce

SOMETHING VEGGIE

Fresh Avocado smashed on toasted sour dough topped with baked cherry tomatoes and avocado oil.

Supergreen Smoothie (a green juice made to order by Lesley)

SOMETHING FISHY

Trad. smoked salmon with scrambled or poached egg

Trad. smoked haddock, poached egg and baked cherry tomatoes

